

Day Away



Day Away is a day care program for adults with early stages of Alzheimer's disease or related dementias. It is held on Thursdays from 9:00 a.m. – 3:00 p.m. in Simard Hall at Our Lady of Grace Chapel in Bristol, NH. The fee is \$25 per day and includes lunch and a craft project.

Those eligible to participate must:

- Walk without assistance, use of cane or walker is acceptable
- Be able to participate in a social setting
- Use the bathroom without assistance
- Live at home with caregivers
- Able to self-administer medications

Lunch and a fun filled day are provided for a nominal fee.

Our Mission

Our mission is to provide a period of respite for the caregivers of all eligible individuals in the early stages of Alzheimer's disease or a related type of dementia by providing a social daycare program.



Forget Me Not

Day Away is a non-profit program funded by a modest participant fee. We are dependent on volunteers and memorials; we honor gifts and other donations. If you would like to be a part of Day Away we would love your help. Your time and/or gift to Day Away would be greatly appreciated.

Donations can be sent to:

Day Away
17 West Shore Road
Bristol, NH 03222

Day Away

A Respite Care Program for Adults with Beginning Stages of Alzheimer's Disease or Dementia



I will never forget you...

A Typical Day at Day Away:

- Participants and their volunteer companion gather for coffee and discussion about their lives
- Time is spent completing an adult-worthy craft
- Time is allotted for low impact, chair aerobic exercises, ballroom dancing and games
- At noon a nutritious lunch is prepared and served
- In the afternoon, the participants may play BINGO, sing along to oldies music, play putt putt or toss bean bags, then gather for light refreshments.



Day Away

Please call us at
(603) 536-6304 or by email
to Sandra Coleman RN, BSN
sjrhatt@roadrunner.com

Day Away
Our Lady of Grace Chapel
Simard Hall
17 West Shore Road
Bristol, NH 03222

www.respiteforcaregiverdayaway.wordpress.com
www.facebook.com/DayAway

Respite for Family/Caregivers

Day Away is a great way for caregivers to take a break. Day Away is designed to provide a safe and comfortable atmosphere for our participants to help maintain their independence, encourage socialization, be mentally stimulated and remain active. We want to lighten your load. Trained volunteers and a RN director are here to provide 1-1 supervision for your loved one. The day passes quickly and is filled with activities and much joy for both the participants and volunteers. Day Away is nondenominational and open to all families and caregivers who feel the need for respite and relief from constant care and responsibility.

Do you have a loved one that is suffering from Alzheimer's disease or another type of dementia? Is their care dependent on you?

**We can help you
and your loved ones!**

Day Away is a non-denominational, dementia-specific program for those with memory loss disease. We socialize, exercise, play games and take care of your loved ones during the day so that you can enjoy them at night.

